

ABOUT US

The goal of the ILC is to **prepare students to be as independent as possible in the adult world.**

The ILC is a classroom that is part of the GST Special Education Unit. The ILC is a **learning facility in Portland, ND for students ages 14-21 that focuses on the areas of transition** including: employment, independent living, rec./leisure, community participation, and post-secondary ed./training.

Students who qualify for Related Services such as **Occupational Therapy, Physical Therapy, and Speech Language services** receive such services while at the ILC. Those who qualify also receive services from outside agencies such as **Vocational Rehabilitation and Developmental Disabilities.**

CHAZ, A STUDENT FROM THE ILC, STATES "THE ILC IS A REALLY NICE PLACE TO COME AND MAKE MEMORIES WITH NEW AND OLD FRIENDS."



FOR MORE INFORMATION



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"There are many things I enjoy about being the teacher for the ILC! One thing that really stands out to me is I really love making our lessons and activities not only purposeful and functional, but also creative and engaging for my students! I especially love our weekly cooking days for lunch where students invite the office staff and we all enjoy a meal family dinner style!

I am passionate about helping my students see their potential, reach their goals, making them laugh, and much more!"

Please don't hesitate to reach out to me so that I can help answer any questions or concerns you might have on the ILC!

"Every child deserves a champion: an adult who will never give up on them, who understands the power of connection and insists they become the best they can possibly be." Rita Pierson

"THE PEOPLE AND KIDDOS
KEEP ME COMING BACK."

KATHLEEN GRANDALEN, ILC PARA
(8 YEARS EXPERIENCE AT THE ILC)



Students enjoying
making monster
cookie bars!

**INDEPENDENT
LIVING CENTER
PORTLAND, ND
GST SPECIAL EDUCATION**

FUNCTIONAL ACADEMICS

Below you will find a list of topics for our functional academic lessons! These are just some examples, but do not include all discussion points.

READING & WRITING

Newspaper, environmental print, reading and comprehending recipes, filling out job applications

MATH

Money, elapsed time, menu Math, fractions, comparison shopping, measuring cups and spoons, analog vs. digital clocks, budgeting

SCIENCE & SOCIAL STUDIES

Weather, current events, community signs and safety, Mental and Physical health

JOB SKILLS

Creating a resume, interview skills, etiquette, communication skills, time cards, on the job training skills

DAILY LIVING SKILLS

Cleaning, budgeting, meal prep, cooking and baking, hygiene and grooming, laundry

RECREATION & LEISURE

Board games, card games, arts & crafts, word searches, drawing, walks, bowling, TNT Kid's Fitness & Gymnastics (Fargo, ND)



WORK STUDIES

We work with students to help them **determine their interests for future employment!** Students gain work experience through an unpaid, work study within the Mayville-Portland community.

Adam, a student from the ILC, is pictured above at his work study at the Portland City Office. Some of his jobs include shredding paper, vacuuming, and putting stamps on community members' bills.



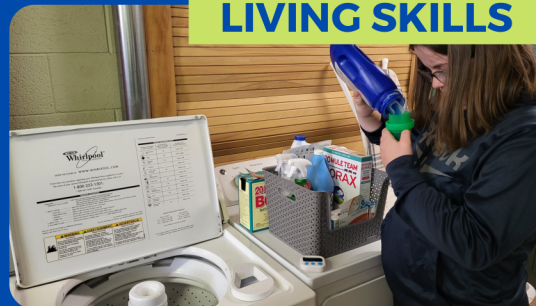
THE CLUBHOUSE

The Clubhouse is a **community hotspot and gathering place!** Students at the ILC help create a monthly calendar of events to host in The Clubhouse including, but not limited to **guest speakers within the community, crafts, BINGO, musicians, and more!** Above you will see a picture of students learning to make Krumkake from the Mayville Sons of Norway group!



COOKING & BAKING

Kevin, a student from the ILC, shared he enjoys the class cooking and baking lessons because he likes having a home cooked meal.



INDEPENDENT LIVING SKILLS

Students practice a variety of independent living skills that include but are not limited to: cleaning, budgeting, meal prep, laundry, paying bills, and more!

SOME OF THE STUDENTS' FAVORITE CLUBHOUSE EVENTS & ACTIVITIES INCLUDE...

- ✓ Board Games
- ✓ Craft Projects
- ✓ Making coffee for guests
- ✓ BINGO
- ✓ Interacting with guests from the community