1. **What** to **Do When** You Are Angry (/act/resources/fact-sheets/anger)
   Tips for calming down and rethinking **your** actions **when** you are angry.
   Fact Sheet

2. Tune in to NBC's The Today Show on June 18th for Best-Selling Author Dr. Dawn Huebner's Discussion of Kids, Sleep, and **What** to **Do When** You Dread **Your** Bed (/news/press/releases/2008/06/huebner)
   Fears, busy brains, restless bodies, and overdependence on parents are all tackled as children gain the skills they need for more peaceful nights.
   Press Release (June 2008)

3. **What** to **Do When** You Dread **Your** Bed: A Kid's Guide to Overcoming Problems With Sleep (/pubs/magination/441B011)
   This book guides children and their parents through the cognitive-behavioral techniques used to treat problems with sleep.
   Children's Book (February 2008)

4. **What** to **Do When Your** Brain Gets Stuck: A Kid's Guide to Overcoming OCD (/pubs/magination/441A805)
   This book guides children and their parents through the cognitive-behavioral techniques used to treat obsessive compulsive disorder.
   Children's Book (April 2007)

5. **What** to **Do When Your** Temper Flares: A Kid's Guide to Overcoming Problems With Anger (/pubs/magination/441B005)
   This book guides children and their parents through the cognitive-behavioral techniques used to treat problems with anger.
   Children's Book (October 2007)

6. **What do** you want to **do when** you grow up? (/monitor/julaug01/growup)
   A book creates a roadmap for life in middle and retirement age, telling the story of men and women re-examining their work and life goals.
   Magazine Article (July 2001)

7. **What** to **Do When** You Don't Want to Be Apart: A Kid's Guide to Overcoming Separation Anxiety (/pubs/magination/441B208)
   This workbook introduces kids and parents to cognitive behavioral therapy-based strategies that can help them understand and cope with any type of separation anxiety.
   Children's Book (October 2017)

8. **What** to **Do When** You Worry Too Much: A Kid's Guide to Overcoming Anxiety (/pubs/magination/441A314)
   This book guides kids and their parents through the cognitive-behavioral techniques most often used in the treatment of generalized anxiety.
   Children's Book (September 2005)

9. **When** students have grievances, **what do** they **do**? (/monitor/oct02/grievances)
   Given the potential for conflict in student supervision and evaluation, many departments articulate and publicize their expectations of students, as well as due process procedures undertaken **when** students underperform.
   Magazine Article (October 2002)

10. **When your** child is diagnosed with chronic illness: How to cope (/helpcenter/chronic-illness-child)
    Learn how to cope, manage **your** emotions and keep stress in check **when** a child is diagnosed with chronic illness.
    Web Article (August 2013)